

Macedonian Aikido Federation

Aikikai Macedonia

Technical rules

Version 3.5

22.03.2019

Technical supervision

Secretary TC

President

Content :

- I. _____ Teachers board - Shidoshakai
 - 1. _____ General Organization
 - 2. _____ Technical Supervisor (TS) of AIKIKAI MKD
 - 3. _____ Technical Commission (TC)
- II. _____ Forms and ways of teaching
 - 1. _____ The role of TS and TC in AIKIKAI MKD
 - 2. _____ Seminars and multi-day schools
- III. _____ Exams / Tests
 - 1. _____ Examination certificates
 - 2. _____ Rules for taking exams
 - 3. _____ Applying for an exam
 - 4. _____ Records and payment for the exams
 - 5. _____ Rules of conduct when taking exam
 - 6. _____ Diplomas
- IV. _____ Obligations and recommendations for the dojos
- V. _____ Final Provisions
- VI. _____ APPENDICES:

Appendix 1. - Aikikai Foundation International rules

Appendix 2. - Table with criteria for taking an exam

Appendix 3. – Examination Program of AIKIKI MKD

Appendix 4. - Didactic system - Aikido learning methodology

Appendix 5. - Form K1 - Application for a KYU examination

Appendix 6. - Form F1 - "Application form for DAN / KYU Grading Examinations"

Form F2 - "Application form for Enrollment in Aikikai"

Form F3 - "Application Form for Aikikai International Yudansha Book"

Appendix 7. - Form L1 - "Cover sheet for DAN / KYU promotion procedures"

Appendix 8. - Price list for KYU grades

Price list for DAN grades

Appendix 9. - Certificates for teacher titles

Appendix 10. - Certificates for examiners

Appendix 11. – Diploma for a KYU grade

Used terms:

- Budo - Japanese term for martial arts that are practiced for personal development and improvement of society
- Aikido - Aikido is a martial art that is widespread by Morihei Ueshiba.
- Aikikai Hombu - The headquarters of the World Aikido Center in Tokyo, Japan
- Doshu - The first person - The leader of the way to learn and master aikido
- dojo - aikido club, ie. place for studying aikido.
- Teacher - A person who runs his own club (dojo) and has his own students. He/she is also called Dojo-Cho or Elder of the dojo
- Leader of the dojo - see Teacher
- Technical level - level of knowledge about aikido techniques
- Didactics - methods and ways of teaching aikido
- Shihan, Shidoin, Fukushidoin - Teachers titles
- Shidoshakai - Teachers board
- DAN and KYU - Japanese terms for master and pupil grades that rank Aikido practitioners
- Yudansha - DAN grade holders
- Mudansha - Those who do not have a DAN grade i.e. have only student grade or have no grade at all
- Judansha Booklet - The booklet issued by the Aikikai Hombu which keeps record of rankings regarding the DAN grade, record of visited seminars and paid contributions to the Aikikai Hombu
- Seiza - Proper sitting
- Anza - Sitting with crossed legs
- Rei - Call for paying respect
- Gi - uniform for aikido practice
- Hakama - black broad trousers, an addition to the gi, worn by the masters

I. Teachers Board - Shidoshakai

Being a member of Shidoshakai means accepting great moral responsibility.

1. General organization / arrangement

1. Teachers Board - Shidoshakai is composed of the members:
 - Technical Supervisor (TS) of AIKIKAI MKD
 - Technical Commission (TC) of AIKIKAI MKD
 - All other members with teacher titles
2. AIKIKI MKD recognizes 3 teacher titles:
 - Shihan, from the 6th grade or higher
 - Shidoin from 4th Dan grade or higher
 - Fukushimaidoin, with 2nd DAN grade or 3rd DAN grade
3. TS manages Shidoshakai in AIKIKAI MKD in cooperation with TC.
4. The goal of Shidoshakai is to spread knowledge about the didactic system. To create and develop competent teachers and to raise the technical level in AIKIKI MKD.
5. A member of AIKIKAI MKD will file a request in writing from to the Secretary of TC to become a member of Shidoshakai. For it, the person must meet the following conditions:
 - Holder of minimum 2nd DAN grade
 - member of AIKIKI MKD for minimum 2 (two) years
 - actively participates in the life of AIKIKAI MKD
6. To accept a new member in Shidoshakai, TC decides by voting.
 1. Duties of the members of Shidoshakai :
 - intensive training in order to constantly improve their technical and didactical level
 - participation in the trainings and meetings of Shidoshakai
 - minimum participation at the following seminars in AIKIKAI MKD:
 - Once a year Yudansha / Shidoshakai seminar
 - Once a year summer school
 - Once a year at another seminar under the guidance of the TS
 - to ensure compliance with Statute and Technical rules of AIKIKAI MKD in their dojos
 - to actively participate in the life of AIKIKI MKD
 2. Rights of the members of Shidoshakai :
 - to represent the members of the TC in case they cannot perform their function
 - the right to have their own dojo for which they are responsible and to teach in it
 - to resign
7. To the member Shidoshakai will be issued a valid certificate of AIKIKAI MKD, which confirms his title and status (see [Appendix 9](#)).
8. Shidoshakai titles: Shihan, Shidoin and Fukushimaidoin must be confirmed every 3 years from the TC.
9. The awarded titles are valid only within the AIKIKAI MKD.
10. If the titleholder stop training aikido, automatically stops being a member of Shidoshakai of AIKIKAI MKD, and with that the validity of the title ceases.
11. TS and TK can revoke the teacher's title in case of non-performance of duties and often repeated offenses against the Statute and Technical Rules of AIKIKAI MKD.

2. Technical Supervisor (TS) of AIKIKAI MKD

As the highest authority, he is entrusted with responsibility for the technical directing of AIKIKAI MKD. He also provides suggestions for other aspects that form the atmosphere in which he performs his duty.

1. The technical supervisor is with a minimum of 4th DAN registered in Aikikai Hombu, officially elected by the General Assembly of AIKIKAI MKD. TC is obliged to inform Aikikai Hombu of this choice if the same person is appointed as Person in Charge according to the International Rules of Hombu.
2. The technical supervisor is responsible for all technical aspects of aikido in AIKIKAI MKD.
 1. Duties of the TS:
 - At least once a year to hold a Yudansha / Shidoshakai seminar at the invitation of AIKIKAI MKD in the Republic of Macedonia.
 - At least once a year to hold Summer School at the invitation of AIKIKAI MKD in the Republic of Macedonia.
 - At least once a year to hold a weekend seminar at the invitation of AIKIKAI MKD in the Republic of Macedonia.
 - to compose and manage the Technical Commission of AIKIKAI MKD.
 - to manage Shidoshakai at AIKIKAI MKD .
 - to actively involve himself for the continuous rise of the technical and didactic level in AIKIKAI MKD .
 2. Rights of the TS :
 - He has a veto right in TC.
 - has the right to award DAN grades according to the International Rules of Aikikai Hombu, in cooperation with TC.
 - has the right to award KYU grades .
 - may assign teachers' titles in accordance with the International Rules of Aikikai Hombu .
 - has the right to appoint the examiners ([see III .1.3](#))
 - has the right to appoint the Secretary of the TC.
 - He is entitled to an appropriate financial compensation for teaching seminars from the funds collected from the participants of the seminar and from the funds of AIKIKAI MKD.
 - He is entitled to a financial compensation for 0 - 5% of the annual assets of AIKIKAI MKD for his job as TS (determined by the Management Board).
 - Has the right to resign.

3. Technical Commission (TC)

In collaboration with TS, the Technical Commission helps in achieving the merits of aikido.

1. The TC is composed of:
 - TS
 - The Secretary of the TC
 - Members
2. TC is an irreplaceable body of AIKIKAI MKD (no one can replace it if it does not work for any reason). It is responsible for:
 - technical level and direction in AIKIKAI MKD
 - accepting members in Shidoshakai
 - adherence to the Technical Rules of AIKIKAI MKD
 - adherence to the International Rules of Aikikai Hombu
 - 2 (two) times a year to arrange a DAN exam, if there are applicants

- At each seminar of AIKIKAI MKD (except Yudansha and Shidoshakai) to hold exams for KYU grades, if there are applicants
 - is responsible for registering KYU / DAN testing, a DAN testing will also be registered in Aikikai Hombu
3. Each member of Shidoshakai who will submit a written request to the Secretary of TC may ask for membership in the TC. To accept a new member, the TC decides by voting. The applicant must meet the following conditions:
- To be a Holder of a minimum of 3rd DAN grade (note: while AIKIKI MKD does not acquire two members who have 3rd DAN grade, the minimum is 2nd DAN grade)
 - to have an examination certificate
 - to be a member of AIKIKAI MKD minimum 2 (two) years
 - to actively participate in the life of AIKIKAI MKD
1. each member of the TC has a duty:
- to train intensively in order to constantly improve his/her technical and didactic level
 - to participate at least at the following seminars in AIKIKAI MKD
 - Once a year Yudansha / Shidoshakai seminar
 - Once a year summer school
 - Once a year at another seminar under the guidance of the TS
 - to know the examination program
 - to know the didactic methodology
 - to know the Technical Rules of AIKIKAI MKD
 - to actively participate in the life of AIKIKAI MKD
 - to be an example for other members of AIKIKAI MKD
 - at the request of the TS to hold seminars in AIKIKAI MKD
2. each member of the TC has the right:
- to submit proposals for changes to Technical rules of AIKIKAI MKD
 - to submit proposals for changes to membership in TC
 - to vote at the TC meetings
 - to represent the Secretary of the TC when he cannot perform his / her function
 - to hold and sign the DAN / KYU examinations fulfilled at the AIKIKAI MKD seminars
 - to hold and sign for 6th KYU and 5th KYU grade in his dojo
 - to hold seminars in AIKIKAI MKD with the right to an adequate fee
 - to resign his/her membership in TC
4. Secretary of the TC (STC)
1. He/she is appointed and revoked by TS
 2. Duties of the STC:
 - to carry out administrative work about examinations
 - to keep record of the examinations
 - to deliver materials to TC
 - to coordinate the work of TC members with the members of Shidoshakai
 - to give a written report from the TC to the General Assembly of AIKIKAI MKD

- to send a notification to Aikikai Hombu about the planned examinations for DAN grades. He/she uses the form L1 for this purpose - Cover sheet for DAN / KYU promotion procedures ([Appendix 7](#))
 - to send a notification about the held DAN positions to Aikikai Hombu with the details necessary for obtaining diplomas from Aikikai Hombu for the assigned DAN grades
 - to inform the treasurer of AIKIKAI MKD about the performed examinations (at seminars of AIKIKAI MKD and even in individual dojos) and to send him list of payments for the tests
3. Rights of the STC:
- has the right to sign the application forms for the DAN grades
 - has the right to act as a representative of AIKIKAI MKD on technical issues to Aikikai Hombu and to other national and international organizations
 - is entitled to his work AIKIKAI MKD receive appropriate financial and en compensation (determined by the board of directors)
5. The issues in TC shall be decided by voting between its members. Each member of the TC has one vote, and only the TS has the right to veto.

II. Forms and ways of teaching

AIKIKAI MKD follows the education system of Aikikai Hombu, whose highest representative is Aikido Doshu, and with a didactic / methodological system of Mr. Masatomi Ikeda (see [Appendix 4](#))

1. The role of TS and TC in AIKIKAI MKD

1. TS and TC are responsible for teaching aikido in AIKIKAI MKD. They establish the right education and training program in AIKIKAI MKD. TS and TC conduct trainings, seminars and examinations.
2. The remaining members of Shidoshakai follow their example and the directions that TS and TC give them.

2. Seminars and multi-day schools

1. AIKIKAI MKD recognizes two types of seminars:
 1. Internal seminars in an individual dojo:
 - they are under the responsibility of each individual dojo in relation to when, and with which teacher will such an internal seminar be organized
 - Neither TS, TC nor AIKIKAI MKD shall not bear any responsibility
 2. Official seminars in AIKIKAI MKD:
 - TC of AIKIKAI MKD, in cooperation with the individual dojo, organizes official seminars in AIKIKAI MKD
 - TC in consultation with TS offers a program for the official seminars AIKIKAI MKD at the beginning of the year
 - The TS, TC of AIKIKAI MKD and the co-operating dojos are responsible for these seminars (each in their domain)
 - At these seminars it is desirable to participate all members of AIKIKAI MKD
2. Apart from the official seminars with the TS, TC of AIKIKAI MKD can also organize seminars with other internationally renowned teachers. The organization of such seminars is subject to approval by the General Assembly.
3. TC of AIKIKAI MKD organizes seminar for holders DAN grade - called Yudansha / Shidoshakai seminar minimum once a year.
4. The participation of Yudansha / Shidoshakai seminars is possible from the 1st KYU grade and grater.
5. Participation in the Yudansha / Shidoshakai seminars for members of Shidoshakai is obligatory.

3. Running clubs (dojo) - regular trainings

1. A person with at least 2nd DAN grade and a fukushidojin title can run a club (dojo).
2. As an exception, a person with a 1st DAN grade can also run a club, but in that case, one of the Holders of the Fukushima or higher title must supervise it.
3. The dojo elder determines the internal organization and organization of each club, without violating the provisions of this Rulebook (Technical Rules of AIKIKAI MKD).

I. III. Exams / Exams

AIKIKAI MKD, with full seriousness, respects the test competency obtained from Aikikai Hombu and in accordance with international rules of Aikikai Hombu.

1. Examination certificates

1. The competence to hold the KYU / DAN exams in AIKIKAI MKD is regulated in accordance with the international rules of Aikikai Hombu. If the person who has been given the right to hold exams leaves AIKIKAI MKD automatically loses this right.
2. AIKIKAI MKD awards examination certificates to Shidoshakai members which stand out in teaching, i.e. they are constantly producing aikidokas with a solid technical level.
3. Four types of certificates are awarded ([Appendix 10](#)):
 - DAN grade examiner according to Hombu rules
 - Examiner to 1st KYU grade (awarded to a teacher with minimum 3rd DAN)
 - Examiner to 3rd KYU grade (awarded to a teacher with a minimum of 2nd DAN)
 - Examiner to 5th KYU grade (awarded to a teacher with minimum 2nd DAN)
4. Duties of the examiners :
 - to inform the Secretary of the TC 1 month from taking the exam in his (or others) dojo at latest and send him the required lists / details .
 - to record/write the achieved grades of the students in their membership cards
5. Rights of examiners :
 - the right to hold examinations for the 6th and 5th KYU grade in his dojo
 - to be elected as members of the TC
 - to drop the examination certificate
6. The TS in cooperation with TC issues the examination certificate.
7. Examination certificates are valid for 3 years. Must be confirmed every 3 years by TC.
8. Awarded examination certificates are valid only within AIKIKAI MKD.
9. If the holder of the examination certificate ceases to train aikido, the validity of the examination certificate ceases.
10. The TS and TC may revoke the examination certificate in the case of non-performance of duties and repeated violations of the Statute and Technical Rules of AIKIKAI MKD.

2. Rules for examinations

1. AIKIKAI MKD recognizes two sets of grades of technical achievement - KYU and DAN grades:
 - student KYU grades of technical achievement from 6th to 1st (counted backwards) , and
 - master DAN grades of technical achievement from 1st to 8th.
2. only the TS in cooperation with TK have the right to hold examinations for DAN grades (see [Appendix 1](#) - *International Rules from Aikikai Hombu*) as follows:
 - Shidojin with 4th DAN grade has the right to award up to 2nd DAN grade inclusively,

- Shidooiin with 5th DAN grade has the right to award up to the 3rd DAN grade inclusively,
 - Shihan with 6th DAN grade or higher has the right to award up to the 4th DAN grade inclusively,
 - The awarding of the 5th, 6th, 7th and 8th DAN grades is at the discretion of Aikikai Hombu on the proposal of TC.
 - If the examiner is a person delegated by Hombu, the guidelines given by Hombu are respected.
3. The TC is in charge of KYU examinations. It further conveys the examination competence on Shidoshakai members of AIKIKAI MKD who have exam certificates. Exams for the KYU grades can be held by:
- TC at the seminars in AIKIKAI MKD,
 - Members of Shidoshakai with an examination certificate in their dojo , but only for the 6th KYU and 5th KYU grade,
 - Members of Shidoshakai with examination certificate in else's dojo, with approval of the TC.
4. Each regular member of AIKIKAI MKD (i.e., each member with a paid membership fee for the respective year) can apply for an exam for KYU or DAN grade, according to the conditions for applying.
5. If a member of AIKIKAI MKD changes its dojo within the AIKIKAI MKD, he/she should wait at least 6 months for taking a KYU grade, or 1 year for taking a DAN grade regardless of the previously fulfilled time requirement.
6. AIKIKAI MKD recognizes all KYU grades of newly admitted members who have received them in a federation that is recognized by Aikikai Foudation and all DAN grades registered in Aikikai Foudation. For the next grade, they will take over after they have mastered the relevant grade level from the AIKIKAI MKD examination program.
7. KYU grades and 1st DAN grades from non-Aikikai federations can also be recognized (with which the TC has the discretionary right in certain cases not to allow a certain grade to be recognized).
8. the recognition of the 2nd DAN grade and higher non-Aikikai federations is the subject of decision by the TC, and their registration is not possible at the same moment because Aikikai Hombu does not allow to skip the time period conditions for registration of the DAN grades (see [Appendix 2](#)).
9. Provisions for DAN exams at seminars in AIKIKAI MKD :
1. For the examinations for Dan Promotion at seminars in AIKIKAI MKD, an examination commission is made composed of members of the TC headed by TS. TS and secretary of TC must sign the outcome of DAN examinations. In the case of absence, another member of the TC can replace the Secretary of TC. The applications / payments for the DAN grades are sent to the Aikikai Hombu with the requests for the awarding of diplomas for the achieved DAN grades.
 2. The examinations for technical achievements for the DAN grade are held only at seminars organized by AIKIKAI MKD twice a year (at a summer school and another seminar).
 3. The achievements for technical achievements for the DAN grade are held up to 4th DAN inclusively.
 4. The awarding of the 5th DAN and higher grade will be discussed in the TC. The TC will decide based on the votes of the majority to award the grade (i.e. send a proposal to Aikikai Hombu).
10. Provisions for KYU grades at the seminars of AIKIKAI MKD
1. When undertaking the KYU exams, on seminars of AIKIKAI MKD, examination commission is composed of the members of the TC that is responsible and manages the exams.

2. The Examination Commission is entitled to award from the 6th to the 1st KYU grade.
3. The highest rank member shall chair the commission. In the event of several equal grades in the composition of the commission, the one with the longest aikido experience decides.
4. For the examination of the KYU grade, the participation of the TS is not obligatory.
5. The examination commission may also be composed of only one person.
6. KYU examinations are held in three forms :
 - At seminars organized by AIKIKAI MKD when KYU exams are held by the TC or TS.
 - Within the individual dojo, when the KYU exams are held by a teacher with an examination certificate.
 - Dojo that has a teacher without an examination certificate can ask TC to appoint an external examiner. The TC appoints the external examiner for that dojo for a period of 3 years. After the expiry of the period, the TC shall renew the decision.
11. The minimum requirements for the KYU / DAN examinations are set in [Appendix 2](#).
12. AIKIKAI MKD follows the International Rules of Aikikai Hombu (see [Appendix 1](#)) for the KYU / DAN examinations.
13. For the exams is used the examination program consisted of Mr. Masatomi Ikeda sensei 7. DAN Aikikai Hombu Shihan on October 23, 1999 from 6th to 1st KYU grade and 1st to 4th DAN grade (see [Appendix 3](#)).

3. Applying for an exam and conditions

1. The candidates apply for examination for KYU / DAN grades with an approval of their teacher. (it is not possible to apply without his permission).
2. The time requirements for passing the next level are specified in the table in [Appendix 2](#).
3. If a candidate for the KYU grade takes the exam in another dojo, a written consent to practice elsewhere is required from his/her teacher, addressed to the teacher of the dojo in which the candidate will take the exam. This written consent is also required to be sent to the Secretary of the TC.
4. Before taking an exam for DAN grade abroad:
 - The candidate must have a written consent from his/her teacher, from the TS of AIKIKAI MKD and the Examiner who will hold the exam for the DAN grade, and
 - in order to be recognized by AIKIKAI MKD, the exam for DAN that is held abroad is required to correspond to the Aikikai Hombu rules.
5. Applying for KYU exams :
 - the teachers of the dojo (or their representatives) send a list of the candidates for taking a KYU grade that will be held at a seminar in AIKIKAI MKD, in electronic form, to the Secretary of TC at least 1 week before the exam. The completed K1 forms from the candidates (see [Appendix 5](#)) are collected by the teachers and are brought at the event.
 - If KYU examinations are done in a dojo (under the guidance of a teacher with a valid examination certificate), the teacher in that dojo (or a responsible person) sends a list candidates who passed (appropriate and completed forms K1) to the Secretary of the TC not later than 1 month after holding the exam.
6. Applying for DAN exams :
 - When taking DAN grade exam it is necessary for the candidate to be a presented to the TS by his teacher, minimum 6 (six) months before the exam.
 - The teacher of the candidate must send to the Secretary of the TC electronically completed form F1 - *Application form for Dan / Kyu Grading Examinations*, F2 -

Application form for Enrollment in Aikikai and F3 - Application Form for Aikikai International Yudansha Book, at least 1 month before the exam. All of these filled with the data for the candidate (F2 and F3 are filled in at only when passing for 1st DAN) (see [Appendix 6](#)).

4. Records and payment for the examinations

1. The record i.e. the database of holders of KYU / DAN grades is made and supplemented by the Secretary of TC on the basis of a request from the Examiner.
2. The Examiner should register awarded KYU / DAN grade in the membership booklet of AIKIKAI MKD immediately after taking the exam. The candidate for the KYU grade is obliged to submit the membership booklet to the Examiner prior to taking the exam.
3. The inscription of the awarded DAN grade in the International member Yudansha booklet is carried out in Aikikai Hombu. The candidate for the DAN grade is required to submit his/her Yudansha booklet to the Secretary of the TC before the exam.
 - Payments for KYU grades are performed before the taking of the test, as follows: The candidate pays the corresponding amount to the account of AIKIKAI MKD and submits the proof to the completed K1 form. If the candidate does not pass, the proof is returned to him to submit it the next time he / she takes the exam. If such a candidate gives up his/her wish to taking the exam, AIKIKAI MKD has no obligation to return the payment.
 - The examiner sends a list of candidates from the exam, together with the proofs of payment to the Secretary of the TC. The Secretary of the TC supplements the database with the new candidates who have passed, and gives the proofs of payment to the Treasurer of AIKIKAI MKD.
 - The deadline for payment is mandatory. The pricelist for payment of the KYU exams determined by the General Assembly of AIKIKAI MKD is in [Appendix 8](#).
5. Payments for taking a DAN grade are carried out before the exam calculated in denars as equivalent value of the prices in Yen according to the purchase price of the National Bank. If the candidate for a DAN examination does not pay the determined price, the exam will not be made available. Aikikai Hombu determine the pricelist for payment of the DAN grades in YEN and the General Assembly of AIKIKAI MKD approves it. See [Appendix 8](#).

5. Rules of conduct when taking an exam

1. In order to have the proper conduct on the exam, formal rules of conduct should be applied, rules that apply to trainings and seminars in AIKIKAI MKD:
 - Initial and final ceremony led by one examiner or Commission.
 - Formal seating Seiza or Anza.
 - At the beginning and at the end of each exercise, the candidates mutually greet by bowing (rei) in seiza.
 - Free volatile moving in and out of the space where the exam takes place is not allowed (for the attention of candidates, so others present).
 - Candidates should follow the instructions of the Examiner at all times.
 - After the proclamation of a candidate for successful / failed exam, he retires in a formal way in Seiza (shikko-ho).
2. For appropriate clothing is adopted:
 1. For all KYU and for 1st DAN examinations - white gi with white belt.
 2. For all DAN examinations except for the 1st DAN - white gi with black belt and black (or dark blue) hakama.

6. Diplomas

1. For the successfully passed exam for the KYU grade, each candidate receives a diploma from AIKIKAI MKD ([Attachment 11](#)), and for the successfully passed exam for the DAN grade, the candidate receives a diploma from AIKIKAI HOMBU.

2. To the candidate the diplomas for DAN grades are usually delivered by the TS at a seminar, and if the candidate at the time of handing is not present, the Secretary of the TC delivers the diploma without formal procedure.
3. Method for receiving a diploma from Aikikai Hombu by the successful candidate for DAN grade exam:
 - At the call of the TS, the candidate exits the line in front of him and sits in seiza.
 - with a kneeling walk (shikko-ho) the candidate approaches at a distance of approximately 4 to 5 meters and bows with respect (rei) .
 - after TS reads the diploma the candidate approaches with a kneeling walk to the TS close enough to receive the diploma.
 - taking the diploma is done with both hands, mildly bowing his head in a gesture of civility and respect.
 - after taking the diploma, the candidate retreats (backwards) with a kneeling walk and returns at a distance of approximately 4 to 5 meters. Putting aside the diploma (on the right), he thanks again by bowing once again to the TS.
 - with a kneeling walk backward he distances enough to make it possible to stand up.

IV. Duties and recommendations for individual dojo

1. Each individual dojo has only one leading teacher (called the elder or dojo-cho), whether he/she bears the highest grade in that dojo or not. His word is binding for everyone in his dojo. Usually he runs the training sessions.
2. Everybody who has received a permit from the elder of that dojo can lead a training / lesson in individual dojo.
3. Rules for training uniforms:
 1. AIKIKAI MKD recognizes two uniforms:
 - for students with KYU grades : white gi with white belt
 - for the master DAN grades : white gi with black belt and black or dark blue hakama
 2. Exceptions to the training clothing rule:
 - students who do not have a KYU grade can also practice in regular sport clothes
 - students with the 1st KYU grade may wear hakama only in their dojo and only on regular training sessions
4. If a person who practices another martial art, or non-Aikikai aikido, comes to visit the AIKIKAI MKD dojo, he is allowed to wear a uniform characteristic of his/her martial art and the mark of his/her achieved level. If he wants to become a member of AIKIKAI MKD, he/she must comply with the rules for training uniform.
5. If there is a person with an equal or higher Aikikai Hombu grade than the one who runs the training (whether elder or someone else), at the initial ceremony, the one who conducts the training is recommended to greet the person (separately) before bowing to everyone else. This kind of respect can also be exercised in other cases at the request of the one who conducts the training.
6. Rules for behavior in the dojo:
 1. A compulsory part for every dojo:
 - **Dojo** is a place of peace, concentration and discipline. Such an atmosphere must be maintained at all times.
 - The teacher's word is valid and binding for all. He has the right to sanction anyone who does not act in accordance with his orders and rules of conduct.
 - Physical hygiene should be at a high level. Because we exercise with bare feet, they **must** be clean.

- In order to avoid injuries, any jewelry should be removed (rings, necklaces, watches, earrings, etc.). In addition, the nails on the legs and arms must be neatly cut.
- The training equipment is a white gi with a white belt. Beginners can exercise in regular sport clothes. Short pants are not allowed. Equipment must always be clean.
- Hakama (black broad trousers) are implicitly worn by those with master grade within the Aikikai foundation and members in an individual dojo with obtained 1st KYU. Exceptions are possible only with the permission of the teacher at a dojo.
- When entering the **dojo**, i.e. the exercise mattress we greet minimum with a standing bow. A bow in seiza is recommended.
- At each change of partner (at the beginning and at the end of each exercise), greet your partner with a bow. If someone because of something for a short time during exercise has take a break, he/she has to sit on the edge of the **tatami** in **Seiza** or **Anza**, not turning his/her back to the **kamiza**.
- Do not make noise. In silence, the necessary concentration is stronger.
- During exercise, we should not be overcome by personal friendships or antipathies.
- Respect for the partner must be maintained at a satisfactory level.
- Always aim to help if someone has the need for it, but refrain from counseling in the presence of the teacher or another senior member.
- Visitors can attend as viewers, but must not obstruct the workout in any way.
- The student who cannot accept and enforce these rules, unfortunately, will be asked to leave the class.

2. Recommended part:

- The lesson begins and ends with a formal ceremony. At the beginning of the training, the students and the teacher bow in **seiza** with the words: O - NE - GAI - SHI - MAS - which can be translated as "please work with me" or "please, I am ready to work together". At the end of the training, the students thank the teacher and vice versa with the words: DOMO ARIGO GOZAI MASH TA - which means "thank you very much " or abbreviated: THANK YOU.
- Do not smoke in the **dojo**.
- It is forbidden to drink, eat and chew gum on the exercise mattress (tatami).
- Do not enter the **dojo** mat with shoes on.
- Slippers must be used for the way from the dressing room to the mat.
- It is very important not to be late for the lesson. If it already started, you should wait outside the mat to get permission from the teacher to enter.
- During the lesson, you can leave the mat with the permission of the teacher. Students who must leave the class before the end must notify the teacher, greet him and discreetly withdraw.
- During the lesson, speak only in exceptional situations, and only for things related to training and aikido.
- With each explanation of exercise, technique, and so on everyone should sit in **seiza** and wait for permission to practice. When the teacher concludes with the explanation, they all bow to the teacher and start practicing. This should be done fast enough so that time is not wasted.
- If a particular exercise is not clear to you, first try to look others to understand it. If it is still unclear, call the teacher for explanation. The call is made quietly and with a bow.
- All questions can be asked at the end of the lesson

7. Each individual dojo should have a picture of the founder Morihei Ueshiba and calligraphy with the term aikido in Japanese. They stand (attached to) the wall at the front of the dojo (shomen).

V. Closing provisions

1. All the provisions of these Rules that are dependent on external factors, until their official establishment, will serve as objectives towards which AIKIKAI MKD is striving.
2. All the competencies of the bodies that are currently non-existent for technical reasons shall be given to the TS until their formation.
3. The remaining provisions will be respected accordingly.
4. The interpretation of the provisions of this Rulebook is within the competence of TC.

VI. APPENDICES:

Appendix 1. - International Regulations from Aikikai Hombu

Chapter 1 : General Principle

Article 1 : Aim

1. The Aikikai Foundation - Aikido World Headquarters, in order to spread Aikido in countries throughout the world and to have a system which works smoothly, hereby lays down International Regulations.
2. The Aikikai Foundation Aikido World Headquarters shall be referred to hereinafter as the Hombu.

Chapter 2 : Recognition by the Hombu of Aikido Organizations in a given country

Article 2 : Hombu Recognition

1. The Hombu will give Hombu Recognition to an Aikido organization which it judges to have satisfied the following conditions. If more than one Aikido organization exist in a country due to national law and/or rules or any other reason the Hombu admits as appropriate, Hombu Recognition can be given to those organizations.
 - (1) The relevant Aikido organization has been established legally and has had more than five years of substantial Aikido activity since it's establishment. It is not a single dojo of an individual person.
 - (2) The relevant Aikido organization has more than one affiliated dojo open to the public, and holds activities throughout the year.
 - (3) The head of management or the chief of Aikido instruction of the relevant Aikido organization (hereinafter referred to as the Person in Charge) is 4th dan or above. The Person in Charge is a permanent resident of the country of that organization.
 - (4) The relevant Aikido organization has more than one holder of 2nd dan of Aikido or above, who will assist the Person in Charge in establishing the committees for instructing and dan/kyu grading examination.
 - (5) The relevant Aikido organization has established Headquarters, Regulations and Directing Committee.
 - (6) Issuing of Hombu Recognition to the relevant Aikido organization will not cause any confusion or problem in the organization's country.
2. An Aikido organization which has been given Hombu Recognition will represent its country in international Aikido activities. If more than one Aikido organization with Hombu Recognition exist in a country, those Aikido organizations should, if necessary, coordinate and cooperate with each other for domestic and international Aikido activities as appropriate in an amiable and timely manner based on the Aikido spirit established by the Founder of Aikido.
3. An Aikido organization which has been given Hombu Recognition may be eligible to perform the following activities. The extent of possible activities depends on the dan rank of the Person In Charge.
 - (1) Issuing of kyu grades (See Article 14)
 - (2) Examination of dan grades (See Article 9.1)
 - (3) Application for the registration of dan grades (See Article 8)
 - (4) Application for the examination of dan grades (See Article 9.1)
 - (5) Application for the recommendation of dan grades (See Article 9.2)
 - (6) Certification of instructors (See Article 17)
 - (7) Receiving assistance from the Hombu
 - (8) Joint activities with the Hombu concerning Aikido
4. With respect to an Aikido organization which has not been given Hombu Recognition in accordance with Article 2.1 because it does not satisfy the conditions for Hombu Recognition, the Hombu will, if it deems necessary, give instruction to enable it to fulfill the conditions for Hombu Recognition, and assistance in developing the organization. Furthermore, matters concerning dan grades, are subject to the provisions of Article 6.1. In this case, "Hombu Recognition" is to be read as "subject to the provision of Article 2.4, and examination for dan and kyu grades will be conducted by the Hombu or a person delegated by the Hombu.

Article 3 : Issuance of Certificates

To an Aikido organization which has been given Hombu Recognition, a Certificate of Hombu Recognition will be issued through established procedure.

Article 4 : Matters to observe

1. An Aikido organization which has been given Hombu Recognition must adhere to the following principles.
 - (1) An Aikido organization which has been given Hombu Recognition must respect and follow the spirit of Aikido established by the Founder, Morihei Ueshiba, and basic principles concerning the dissemination of Aikido established by the Hombu.
 - (2) Dan grades are legitimated by Aikido Doshu. An Aikido organization which has been given Hombu Recognition must hold in esteem the Aikido dan grades legitimated by the Doshu. The members of that organization must obtain dan grades to be legitimated by Doshu and registered at the Hombu regardless of a situation in which national dan grades are issued by the country or government due to the national legislation or some other reason.
 - (3) An Aikido organization which has been given Hombu Recognition shall establish a teaching system and examination structure for dan and kyu grades, such as an Instructing Committee and a Dan/Kyu Examination Committee.
 - (4) An Aikido organization which has been given Hombu Recognition must keep close contact with and cooperate with the Hombu and also with the instructor(s) dispatched by the Hombu staying in its country. Also it shall coordinate and cooperate with the Hombu regarding the acceptance of instructor(s) to be dispatched by the Hombu for a short period.
 - (5) An Aikido organization which has been given Hombu Recognition shall keep contact, coordinate and cooperate, as appropriate, with other Aikido organization(s) in its country to promote friendly relations. Also it is recommended that a type of umbrella organization for those Aikido organizations should be established.
 - (6) An Aikido organization which has been given Hombu Recognition shall abide by the provisions of this Regulation in addition to the items mentioned above.
2. An Aikido organization which has been given Hombu Recognition must submit to Hombu a written agreement mentioning (1) through (6) of the Article 4.1 above.

Article 5 : Cancellation of Hombu Recognition

In a case where an Aikido organization with Hombu Recognition violates the provisions of these Regulations and creates serious obstacles for the dissemination of Aikido by the Hombu, the Hombu will, both verbally and in writing, urge the adherence to the provisions of these Regulations. If the organization does not demonstrate to do so, Hombu Recognition may be cancelled. The qualifications of the Aikido organization (Chapter 4) will cease to exist.

Chapter 3 : Dan Grades and Kyu Grades

Article 6 : Dan Grades

1. Dan grades are awarded to Aikido practitioners who belong to Aikido organizations with Hombu Recognition in accordance with their general ability and achievements or accomplishment.
2. Dan grades are from 1st dan to 8th dan.

Article 7 : Legitimation

Dan grades are legitimated by Aikido Doshu.

Article 8 : Application and Registration

1. Dan grades must, in all cases, be applied to the Hombu.
2. Dan grades become valid after they have been registered at the Hombu.

Article 9 : Qualification for Conducting Examination and making Recommendation

1. An Aikido organization with Hombu Recognition, when its Person in Charge is 6th dan or above, may conduct examinations from 1st dan to 4th dan. When the Person in Charge is 4th dan or 5th dan, it may conduct examinations from 1st dan to 3rd dan. In the case of a 4th dan examination, an application to the Hombu must be made, and the examination will be conducted by the Hombu or a person delegated by the Hombu.
2. With respect to 5th dan and 6th dan, decisions will be made by the Hombu. However, if the Person in Charge of an Aikido organization with the Hombu Recognition is 6th dan, an application for recommendation up to 5th dan can be made to the Hombu. If Person in Charge is 7th dan, application for recommendation up to 6th dan can be made.
3. Discussions relating to 7th dan or above are settled separately.

Article 10 : Method of Examination

The method of dan grade examination is based on the Examination Regulations of the Hombu. However, some changes are to be allowed if there is a reason for them.

Article 11 : Admission to the Hombu

All practitioners of Aikido must become members of the Hombu at the time of the registration of the 1st dan grade or earlier.

Article 12 : Dan Grades Certificates

1. Yudansha grade certificates are issued when a application for registration is made through the established procedure.
2. Dan grades certificates are written in Japanese.

Article 13 : Dan Grades Certificates

1. Yudansha must possess an International Yudansha Book issued by the Hombu.
2. International Yudansha Book is sent together with the dan grade certificate.

Article 14 : Kyu Grades

With respect to kyu grades, an Aikido organization with Hombu Recognition may conduct examinations and can issue kyu grade certificates.

Chapter 4 : Qualifications of Instructors

Article 15 : Qualifications of Instructors

1. With respect to an Aikido organization with Hombu Recognition, the qualifications for instructors are as follows:
 - (1) Shihan
 - (2) Shidoin
 - (3) Fukushidoin
2. The titles for instructors' qualification are expressed in Japanese terminology.

Article 16 : Shihan

1. The Hombu examines and appoints Shihan from among persons who are 6th Dan or above, and who are proficient in practice and instructing.
2. To the appointed person, a Certificate of Appointment is awarded by the Hombu.

Article 17 : Shidoin and Fukushidoin

1. An Aikido organization with Hombu Recognition is to have a system for qualifying Shidoin and Fukushidoin.
 - (1) Shidoin are persons of 4th dan or above
 - (2) Fukushidoin are persons of 2nd dan or 3rd dan
2. An Aikido organization with Hombu Recognition can issue a Certificate of Appointment to those whom it has appointed Shidoin and Fukushidoin.
3. An Aikido organization with Hombu Recognition must report to the Hombu the name and dan grade of those whom it has appointed Shidoin and Fukushidoin.

Chapter 5 : Supplementary Rules

Article 18 : Instruction Committee, Dan/Kyu Examination Committee

An Aikido organization with Hombu Recognition must inform the Hombu of the establishment of Instructing Committee and Dan/Kyu Examination Committee, in accordance with Article 4.1.(3).

Article 19 : Dan Grading Examination

If an Aikido organization with Hombu Recognition conducts dan examinations in accordance with Article 9.1, and problems arise for some reason, it is to receive instruction from the Hombu.

Additional Rules

1. The status of Aikido organizations which were regarded as if they were Aikido organizations with Hombu Recognition before these Regulations were amended will not be affected.
2. These regulations will be in effect from the date of amendment, October 1st, 2000.

AIKIKAI FOUNDATION Aikido World Headquarters

17-18 Wakamatsu Cho, Shinjuku-ku, Tokyo, 162-0056

Japan

Phone: (+81) 3-3203-9236, Fax: (+81) 3-3204-8145

Email: aikido@aikikai.or.jp

Appendix 2. - Table of necessary conditions for taking the KYU / DAN grades

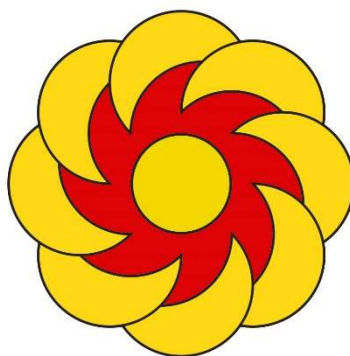
grade	minimum period after previous examination (in months)	minimum of trained trainings	Minimum training per week	Minimum attained seminars in AIKIKAI MKD (annually)	Participation in summer schools (annually)
6. KYU	5	50	2		
5. KYU	6	60	2		
4. KYU	7	75	2	1	
3. KYU	8	100	3	1+	+
2. KYU	9	110	3	1+	+
1. KYU	12	160	3	2+	1
1. DAN	14	200	4	2+	1
2. DAN	24 (Hombu asks 12)	350	4	2+	1+
3. DAN	36 (Hombu asks 24)	500	4	2+	1+
4. DAN	decides TS + TC a minimum of 48 months spent (Hombu requires 36)	The candidate must be actively involved in the life of AIKIKAI MKD. There must be experience in running your own dojo. All the time, he/she is required to train intensively.			
5. DAN	decides TS + TC a minimum of 72 months spent (Hombu requires 60)	The candidate must be actively involved in the life of AIKIKAI MKD. There must be experience with teaching aikido at the level of internal seminars. All the time, he/she is required to train intensively.			
6. DAN	decides TS + TC a minimum of 72 months spent (= Hombu)	The candidate must be actively involved in the life of AIKIKAI MKD. There must be experience in teaching aikido at the level of official seminars in AIKIKAI MKD. All the time, he/she is required to train intensively.			

The following waiting times are the smallest possible. They are for information for the teacher in the dojo who estimates when it is time for someone to be a candidate for testing. Avoid understanding it as a plain rule. The practicants do not automatically have the right to be tested when they meet the minimum requirements. Rather, it is only guidelines for the teacher in a dojo.

The acquisition of the DAN grade is not only a personal issue, but also involves participation in supporting the development of Aikido in the AIKIKAI MKD. The time between the DAN exams must be filled with intensive training.

Exceptions are within the competence of TS and TC.

Македонска аикидо федерација
Аикикаи Македонија



ИСПИТНА ПРОГРАМА

според

Шихан Масатоми Икеда
7. дан Аикикаи
(од 23.10.1999 г.)

合気道体系 要項 A

UKE 受け	KIAWASE SHOMEN UCHI 気合セ 正面打	SHOMEN UCHI 正面打	YOKOMEN UCHI 横面打	JODAN TSUKI 上段突き
	KATATE TORI AI HANMI 片手取 相半身	KATATE RYOTE TORI 片手両手取	CHUDAN TSUKI 中段突き	RYOERI TORI 両腰取
	KATATE TORI GYAKU HANMI 片手取 逆半身	KATA TORI (MUNE TORI) 肩取 (胸取)	KATA TORI MEN UCHI 肩取面打	KERI 蹴り
	RYOTE TORI 両手取	USHIRO RYOTE TORI (HIJI TORI) 後両手取 (肘取)	USHIRO RYOKATA TORI (DAKI KAKAE) 後両肩取 (抱ひかかえ)	USHIRO KUBI JIME (RYOTE HIKIAGE) 後首絞 (両肘引かか)

KOBO no GENRI 攻防の原理	合気道技法体系 32 技法			
UCHI no RI 打ちの理	FURIZUKI KOKYU NAGE 振り突き呼吸投	SUMI OTOSHI 隅落	IKKYO 一教	AIKI GOSHI 合気腰
OSAE no RI 抑えの理	MAE OTOSHI 前落	JUJI GARAMI 十字緘み	GOKYO 五教	KOSHI GURUMA 膝車
	GENKEI KOKYU NAGE 玄形呼吸投	KOTE GAESHI 小手返	NIKYO 二教	AIKI OTOSHI 合気落
	HIKI OTOSHI 引き落	UDE GARAMI OSAE 腕緘み抑え	HIJI KIME OSAE 肘決の抑え	CHIN SHIN KURUMA GAESH 流身車返
NAGE no RI 投げの理	TENCHI NAGE 天地投	IRIMI NAGE 入身投	SANKYO 三教	KAITEN NAGE 回転投
	KIRI OTOSHI 斬り落	KUBI JIME 首絞	UCHI KAITEN SANKYO 内回転三教	SEOI GURUMA 背負車
ZAN no RI 斬りの理	ZANTO KOKYU NAGE 斬刀呼吸投	SHIHŌ NAGE 四方投	YON KYO 四教	UDE KIME NAGE 腕決投
	KAITEN OTOSHI 回転落	GYAKU HIJI KIME OSAE 逆肘決の抑え	UDE GARAMI 腕緘み	TE GURUMA 手車

稽古法 KEIKO HŌ		
1. 技法 32 の表現の仕方		
TAN REN, 鑑録	KIGATA, 気形	SHIN KEN 真剣
2. 稽古形式		
見ゆ様子 一人様古 二人様古 掛かり様古 三人取り 多人数取り 組太刀 組杖	MITORI GEIKO HITORI GEIKO FUTARI GEIKO KAKARI GEIKO PUTARI TORI TANINZŪ TORI KUMI TACHI KUMI JŌ	

1. 合気道 四大技法 IKKYO, KOTEGAESHI, IRIMINAGE, SHIHŌ NAGE
2. 投技 八大基本技法 表技 OMOTE WAZA 裏技 URA WAZA SUMI OTOSHI AIKI GOSHI KOTE GAESHI AIKI OTOSHI IRIMI NAGE KAITEN NAGE SHIHŌ NAGE UDE KIME NAGE
3. 抑技 八大基本技法 表技 OMOTE WAZA 裏技 URA WAZA IKKYO GOKYO NIKYO HIJIKIME OSAE SANKYO UCHIKAITEN SANKYO YON KYO UDE GARAMI
4. 玄形呼吸投と天地投の四大技法との関係 GENKEI KOKYU NAGE { KOTEGAESHI TENCHINAGE { IKKYO SHIHŌ NAGE IRIMI NAGE

RAZ 合気会
池田昌高

合気道体系 要項 B

	A. TAI (KAMAE) HANMI B. TAI SABAKI (I) IRIMI TENKAN KAI TEN C. KIAWASE SHŌMEN UCHI (I)	A. ASHI SABAKI (I) 1. IIRIMI ASHI 2. HAKOBASHI IIRIMI 3. TENKAN ASHI 4. YOSEASHI TENKAN B. SHIKKŌ HŌ MAE, USHIRO C. IKKYO UNDO OMOTE, URA	A. KIAWASE SHŌMEN UCHI (II) JŌDAN KUZUSHI CHŪDAN KUZUSHI GE DAN KUZUSHI B. ZANSHIN TAISEI drei arten C. SHIHŌ KIRI OMOTE, URA	A. ASHI SABAKI (II) 5. USHIRO TENKAN 6. AYUMI ASHI B. SHIKKŌ HŌ (II) IRIMI TENKAN C. SABAKI und AWASE (I) 1. IKKYO TORI KAITEN HŌ	A. SABAKI und AWASE (II) 2. UZENAGASHI KENTEN HŌ (SANKAKU) mit KAITATE TORI AI HANMI GYAKU HANMI KI SABAKI TE SABAKI ASHI SABAKI TAI SABAKI	A. SABAKI und AWASE (III) 4. SŌGŌ SABAKI (MARU) mit KAITATE TORI AI HANMI GYAKU HANMI KI SABAKI TE SABAKI ASHI SABAKI TAI SABAKI	A. TAI SABAKI (II) OMOTE SANKAKU (HANMI) URA SANKAKU (HITODEMI)
	A. USHIRO UKEHI und HANTACHI drei arten von HANTACHI B. YOKO UKEHI	A. HANTACHI KAITEN UKEHI MAE, USHIRO B. TENKAN USHIRO UKEHI IRIMI TENKAN USHIRO UKEHI	A. KAITEN UKEHI MAE, USHIRO B. TENKAN USHIRO UKEHI IRIMI TENKAN USHIRO UKEHI	A. SONOBĀ (NOTO) KAITEN UKEHI	A. GYAKU ASHI KAITEN UKEHI	A. TAI HINERI KAITEN UKEHI	
	A. KIAWASE SHŌMEN UCHI B. KATATE TORI AI HANMI	A. KATATE TORI GYAKU HANMI B. KATATARI (MUNE TORI)	A. SHŌMEN UCHI B. RYŌTE TORI	A. YOKOMEN UCHI B. KATATE RYŌTE TORI C. USHIRO RYŌTE TORI (HIJI TORI)	A. CHŪDAN TSUKI B. USHIRO RYŌKATA TORI (DAKI KAKAE)	A. JŌDAN TSUKI (KIAWASE SHŌMEN UCHI) B. RYŌ ERI TORI C. KATA TORI MEN UCHI	A. KERI B. USHIRO KUBI JIME C. USHIRO RYŌTE HIKIAGE
IKKYO 一教	MAE OTOSHI 前落	FURI TSUKI KOKYU NAGE 振り突き呼吸投	AIKI GOSHI 合気腰	SUMI OTOSHI 隅落	GOKYO 五教	JŪJI GARAMI 十字緘み	KOSHI GURUMA 腰車
KOTEGAESHI 小手返	GENKEI KOKYU NAGE 玄形呼吸投	NIKYO 二教	HIKI OTOSHI 引き落	AIKI OTOSHI 合気落	HIJI KIME OSAE 肘決の抑え	UDE GARAMI OSAE 腕緘み抑え	CHINSHIN KURUMA GAESHI 流身車返
IRIMI NAGE 入身投	TENCHI NAGE 天地投	KAITEN NAGE 回転投	SANKYO 三教	UCHI KAITEN SANKYO 内回転三教	KIRI OTOSHI 斬り落	SEOI GURUMA 背負車	KUBI JIME 首絞
SHIHŌ NAGE 四方投	KAITEN OTOSHI 回転落	ZANTŌ KOKYU NAGE 斬刀呼吸投	UDE KIME NAGE 腕決め投	YON KYO 四教	UDE GARAMI 腕緘み	TE GURUMA 手車	GYAKU HIJI KIME OSAE 逆肘決の抑え
A. DŌJŌ no KOKORO 道場の心得 KIBISHIKU TANOSHIKU B. MIITSU no KOKORO 三つの心 1. NAOKI KOKORO 通き心 2. AKARUKI KOKORO 明るき心 3. KIIYOKI KOKORO 清き心	A. REI HŌ 礼法 RITSUREI 立礼 ZAREI 坐礼 B. ZA HŌ 坐法 SEI ZA 正坐 AN ZA 安坐 C. SEI ZA und KOKYU HŌ SU no KOKYU TA, UN no KOKYU	A. DAIEN KOKYU HŌ 大円呼吸法 1. YŌ no TE 陽の手 2. IN no TE 陰の手 3. A, UN no KOKYU B. FUNAKOGI UNDO 無滑運動 C. FURI TAMA 振り玉	A. BOKKEN JŌ no SAHŌ B. SUBURI BOKKEN, JŌ	A. GOMŌ no KAMAE und UCHI KOHI CHŌ DAN JŌ DAN GE DAN HASSŌ (KASUMI) WAKI B. UKE NAGASHI MIGI HIDARI	A. FURI ZUKI SANKAKU TAI HITODEMI	A. AIKI BATTŌ HŌ IKKYO no RI KOTEGAESHI no RI IRIMINAGE no RI SHIHŌ NAGE no RI B. AIKI ZAN PŌ	

RAZ 合気会 池田昌高



ПРИЈАВА ЗА ПОЛАГАЊЕ ЗА СТЕПЕН

За кој степен ќе полага кандидатот

Име и презиме

Клуб

Датум на претходно полагање

Место на одржување на испитот

Датум на одржување на испитот

Полагањето го одобрил (учител)

ДА

НЕ

Положил:

Испитувач:

--- ✂

✂ ---

Неопходни услови за полагање на испит се бројот на тренинзи и одреден период активно вежбање по последниот испит, како и посетеност на семинари и летни школи.

степен	број на потребни тренинзи по последниот испит	потребен период по последниот испит	посетени семинари	летни школи	такса
6. KYU	50 тренинзи	5 месеци			500 ден.
5. KYU	60 тренинзи	6 месеци			600 ден.
4. KYU	75 тренинзи	7 месеци	1		700 ден.
3. KYU	100 тренинзи	8 месеци	1+	+	800 ден.
2. KYU	110 тренинзи	9 месеци	1+	+	900 ден.
1. KYU	160 тренинзи	12 месеци	2+	1	1.000 ден.
1. DAN	200 тренинзи	14 месеци	2+	1	(хомбу)
2. DAN	/	2 години	2+	1+	(хомбу)
3. DAN	/	3 години	2+	1+	(хомбу)
4. DAN	/	4 години	2+	1+	(хомбу)

Уплатница образц ПП10: Цел на дознака: Полагање за _ кју степен;
 Назив/Седиште: Аикикаи МКД – Скопје / Њуделхиска 4/4-19, Скопје;
 Банка на примачот: Комерцијална банка АД, Скопје;
 Сметка: 300000002348115

Appendix 6.

Формулар Ф1 – „Application form for Dan/Kyu Grading Examinations“

For Aikikai Use Certificate No.		AIKIKAI FOUNDATION AIKIDO WORLD HEADQUARTERS APPLICATION FORM FOR DAN/KYU GRADING EXAMINATIONS 17-18 Wakamatsu-cho Shinjuku-ku, Tokyo 162-0056 JAPAN		Rank Applied for		Attendance after Present Rank obtained Days	
Grade Given				Dan			
				Kyu			
Please Print or Type		Aikikai Membership No.:		Date of Aikikai Registration:			
First Name*		Family Name*		Date of Birth:		Sex:	
<small>English Alphabet</small>				<i>dd / Mmm. / yyyy</i>		M. F.	
Address:				Nationality:			
Name of Dojo:				Name of Org. or Group:			
Present Rank Information (Rank, Place Obtained, Date)				Date of Examination			
Rank:		Place:		Date:			
Dan/ Kyu				<i>dd / Mmm. / yyyy</i>		<i>dd / Mmm. / yyyy</i>	
Remarks:		Examiner's Name: <div style="display: flex; justify-content: space-between; margin-top: 10px;"> (print) (signature) </div>					
I hereby make my application.				Examination Fee			
Date: <i>dd / Mmm. / yyyy</i> Signature:				Registration Fee			

INSTRUCTIONS: *Write your name as you want it to appear on your diploma. Please add 'English' alphabet under your name.

1. Applicants fill in the boxes enclosed by a **heavy** line.
2. Please send your Yudansha Book when you apply.
3. Examiners fill in boxes enclosed by a double line. Do not forget your 'Signature'. The single line boxes are for Aikikai use.
4. Examination fees and registration fees are not refundable for any reason.
5. Do not change the size or shape of this form.

FORM-1

Формулар Ф2 – „Application form for Enrollment in Aikikai“

No.		AIKIKAI FOUNDATION APPLICATION FORM FOR ENROLLMENT IN AIKIKAI	
Date			
↑ Aikikai Use		Please Print or Type	
(First Name)		(Family Name)	
Name*:			
English alphabet			
Date of Birth:		Age:	
<i>dd/Mmm/yyyy</i>			
Nationality:		Sex: M / F	
Address:			
Name of Org. or Grp.:			
Name of Dojo:			
Name of Dojo Representative			
Signature:		Date: <i>dd/Mmm/yyyy</i>	

*Write your name as you want it to appear on your diploma. Please add 'English' alphabet under your name.

*Successful Sho-dan applicants must become a member of the Aikikai Foundation by registering with this form.

FORM-2

Формулар Ф3 – „Application Form for Aikikai International Yudansha Book“

For Aikikai Use		AIKIKAI FOUNDATION AIKIDO WORLD HEADQUARTERS APPLICATION FORM FOR AIKIKAI INTERNATIONAL YUDANSHA BOOK		For Aikikai Use	
証書番号				会員番号	
有段者証No.				入会日	

(First Name) (Family Name) Date: (dd / Mmm. / yyyy)

Name*: English alphabet

Date of Birth: (dd / Mmm. / yyyy) Nationality: Sex: Male / Female

Address:

Name of Org. or Grp. Representative:

Name of Dojo:

Name of Dojo Representative:

*Write your name as you want it to appear on your diploma. Please add 'English' alphabet under your name.
※Successful Sho-dan applicants must obtain an AIKIKAI INTERNATIONAL YUDANSHA BOOK by registering with this form.
※For reissuance of Yudansha Book, please use this form and provide your Aikikai Membership No.

No.	and Yudansha issue No. A	FORM-3
-----	--------------------------	--------

Dojo and Examiner's Information

***Address for mailing diplomas & Aikikai International Yudansha Books**

*Examiner's name:	*Recipient's name:
*Exam date:	*Address:
*Exam location:	
Organization / Dojo:	*telephone #: *email:

e.g.: =example how to fill in the Column

[illegible]

*If there are more than 15 candidates, please add lines.

Appendix 8.

Ценовник за степените (ученички и мајсторски):

степен	такса	
	со полагање	со промоција
6. KYU	500 ден.	/
5. KYU	600 ден.	/
4. KYU	700 ден.	/
3. KYU	800 ден.	/
2. KYU	900 ден.	/
1. KYU	1.000 ден.	/
1. DAN	¥10.000,00	¥30.000,00
2. DAN	¥20.000,00	¥40.000,00
3. DAN	¥30.000,00	¥50.000,00
4. DAN	¥40.000,00	¥60.000,00
5. DAN	/	¥70.000,00
6. DAN	/	¥80.000,00
Дополнителни трошоци при регистрација на 1. DAN:		
Издавање Аикикаи јуданша книшка		¥1.000,00
Аикикаи влезна членарина		¥8.000,00
Аикикаи такса за поддршка (support fee)		¥1.000,00

Македонска аикидо федерација – Аикикаи Македонија

СЕРТИФИКАТ

за учителска титула

ШИДОШАКАИ

на лицето

Име Презиме

Овој сертификат потврдува дека назначеното лице се стекнува со членство во
Учителскиот одбор – Шидошакаи на Македонската аикидо федерација – Аикикаи
Македонија.

Скопје,
24.12.2008

Македонска аикидо федерација – Аикикаи Македонија

СЕРТИФИКАТ

за учителска титула

ШИДОШАКАИ

на лицето

Име Презиме

Овој сертификат потврдува дека назначеното лице се стекнува со членство во
Учителскиот одбор – Шидошакаи на Македонската аикидо федерација – Аикикаи
Македонија.

Скопје,
24.12.2008

Македонска аикидо федерација – Аикикаи Македонија

СЕРТИФИКАТ

за учителска титула

ОРИГИНАЛ – ШИДОШАКАИ

на лицето

Име Презиме

Овој сертификат потврдува дека назначеното лице се стекнува со членство во
Учителскиот одбор – Шидошакаи на Македонската аикидо федерација – Аикикаи
Македонија.

Скопје,
24.12.2008

Македонска аикидо федерација – Аикикаи Македонија

СЕРТИФИКАТ

за

АСНИТУВАЊ

до 5. КУ

на лицето

Име Презиме

Овој сертификат потврдува дека назначеното лице се стекнува со право да одржува испити до 5. КУ во рамките на Македонската аикидо федерација – Аикикаи Македонија.

Скопје,
24.12.2008

Технички надзор

Македонска аикидо федерација – Аикикаи Македонија

СЕРТИФИКАТ

за

АСНИТУВАЊ

до 3 КУ

на лицето

Име Презиме

Овој сертификат потврдува дека назначеното лице се стекнува со право да одржува испити до 3. КУ во рамките на Македонската аикидо федерација – Аикикаи Македонија.

Скопје,
24.12.2008

Технички надзор

Македонска аикидо федерација – Аикикаи Македонија

СЕРТИФИКАТ

за

АСНИТУВАЊ

до 1 КУ

на лицето

Име Презиме

Овој сертификат потврдува дека назначеното лице се стекнува со право да одржува испити до 1. КУ во рамките на Македонската аикидо федерација – Аикикаи Македонија.

Скопје,
24.12.2008

Технички надзор

Македонска аикидо федерација – Аикикаи Македонија

СЕРТИФИКАТ

за

АСПИРИРАЊЕ

за ДАН степен

на лицето

Име Презиме

Овој сертификат потврдува дека назначеното лице се стекнува со право да одржува испити за ДАН степен согласно техничките правила во рамките на Македонската аикидо федерација – Аикикаи Македонија.

Скопје,
24.12.2008

Технички надзор

合気道

ДИПЛОМА

Име Презиме

за X^{та} KIU степен

На горе наведената личност и се доделува наведениот степен во рамки на
Македонската аикидо федерација - Аикикаи Македонија
според програмата за полагање од шиханот Масатоми Икеда од 1999 год.



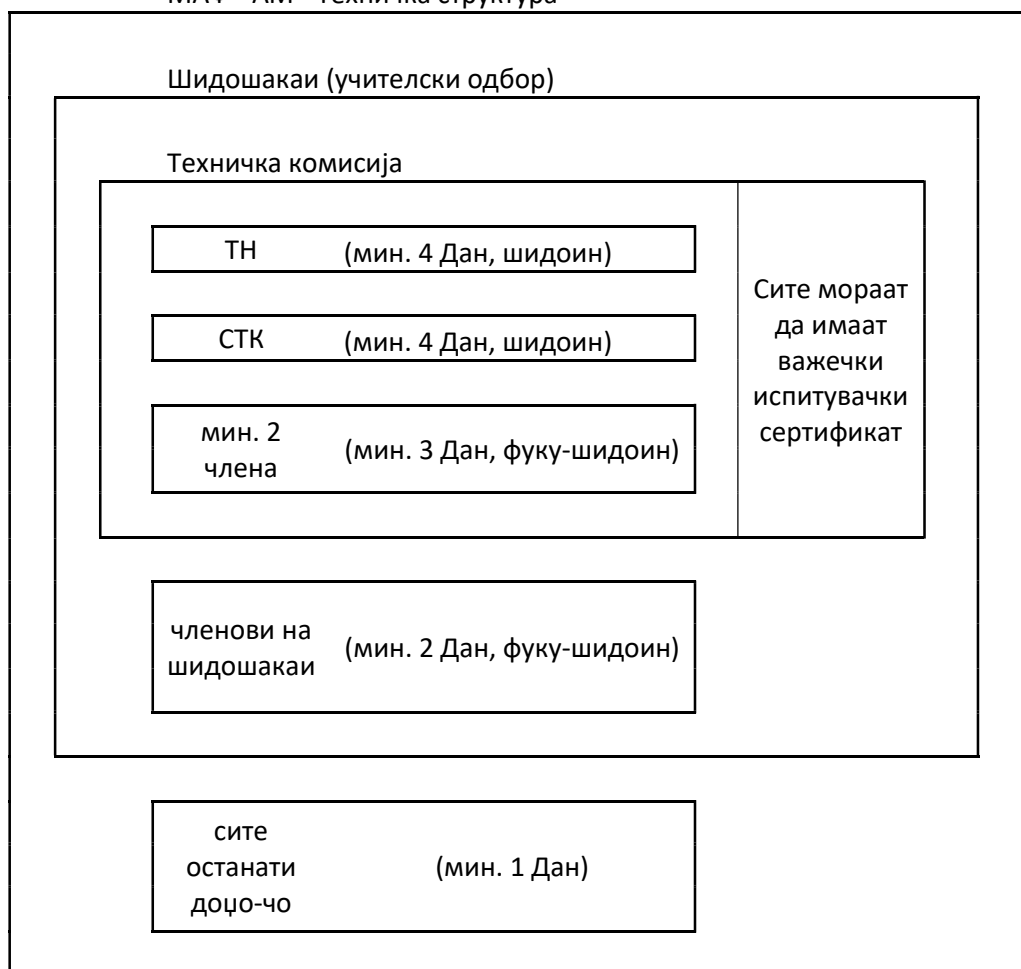
To the above mentioned person the stated rank is being given in the
Macedonian Aikido Federation - Aikikai Macedonia
according to the examination program by Masatomi Ikeda shihan from 1999.

дд. мм. гттггг
Скопје

претседател на македонската аикидо федерација - аикикаи македонија

истипување во македонската аикидо федерација - аикикаи македонија

МАФ - АМ - Техничка структура



- *) ТН = лице определено за Технички надзор
- СТК = лице назначено за Секретар на техничката комисија